



AMMON Recreation Center



**2217 Bedford Avenue
(Hill District)
Pittsburgh, PA 15219
412-255-2501**

CURRENT PROGRAM OFFERINGS

- ⇒ **Basketball Training Ages 10+ (FREE)**
Mondays-Fridays—3 to 5:30 PM
Ongoing: Offers multiple facets of the game, focusing on the development of shooting, ball handling & IQ,
**Times can change based on participants schedule.*
- ⇒ **Chess Time All Ages FREE**
Mondays-Fridays—All Day
Ongoing: Have a chess background? Challenge staff member Breezel!
Just want to learn? Breeze will teach you!
- ⇒ **Ammon Pre K Hour Ages 3-6 FREE**
Mondays-Fridays—**9:30 to 10:30 AM**
Ongoing: With ABK Learning—A fun, educational pre-school activities program helping with socialization, academic skills. Followed by craft & story time.
Parent/Guardian must accompany child.
Registration Required—register in center.
- ⇒ **Friday Night Lights Ages 14+ co-ed (FREE)**
Fridays—7 to 8:45 PM
September 22, 2023—Ongoing: Boys & Girls Open Gym Hoops!
Play 2 games every Friday with your friends! (10 minute running clock halves)
- ⇒ **Table for Two Ages 9+ (FREE)**
Wednesday & Thursdays—5 to 6:30 PM
Ongoing: Come learn the philosophy of Ping-Pong! This program provides physical & mental fitness and improves hand-eye coordination, paddle skills & serves.
- ⇒ **Adult Fitness Ages 40+ \$5/month-Fitness Membership**
Mondays-Fridays—3 to 6 PM
Ongoing: Weight training and calisthenics for Men & Women.
Geared toward those 40+, but all adults (18+) are welcome to get fit & stay in shape.
\$5/month Fitness Membership is required.

HOURS OF OPERATION

Monday-Friday: 9 AM to 9 PM
Saturday: 11 AM to 3 PM

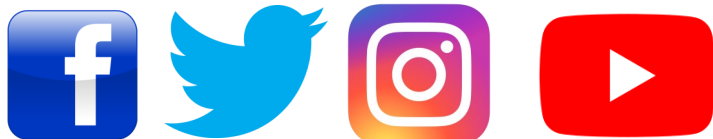
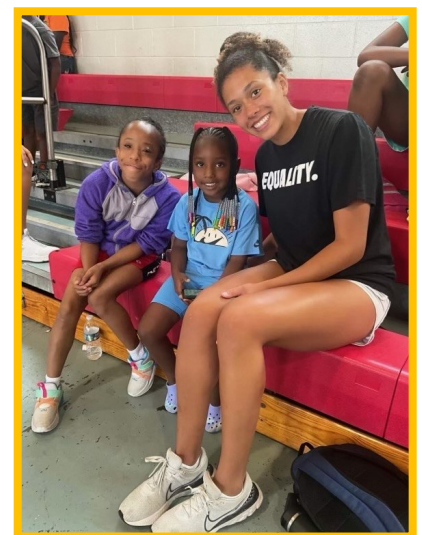
AFTER-SCHOOL FOOD SERVICE PROGRAM

Snack: 3-4 PM

Dinner: 5-6:30 PM

Free, first come, first served. 18 & under or 21 & under for special needs.

***Home to
OZANAM BASKETBALL!***



**CITIPARKS
RECREATION**



AMMON Recreation Center



FACILITY/PARK OFFERINGS

- ⇒ Weight Room—requires Fitness Membership (\$5/month)
- ⇒ Full Court Gymnasium
- ⇒ Ammon Swimming Pool (Outdoor/Seasonal)
- ⇒ Playground
- ⇒ Basketball Courts
- ⇒ Josh Gibson Baseball Fields

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***Home to
OZANAM BASKETBALL!***

Proud of our Ammon Alumni



AYANNA TOWNSEND
WOMEN'S BASKETBALL
SCHOLAR ATHLETE
OF THE YEAR
BIG EAST

Ammon Rec Center and Ozanam Alum!

Congratulations to Ayanna Townsend and Michaela Porter!

Both of these young ladies are Ammon Rec Center and Ozanam Alumni, achieving greatness on and off the court!

CitiParks is proud to recognize both Ayanna and Michaela, and we wish them continued success in all that life has to offer!



MICHAELA PORTER

Ammon Rec Center and Ozanam Alum!

