

# Magee-Womens Hospital Of University of Pittsburgh Medical Center Patient Resource List

This is a list of some of the many services available in the Pittsburgh/Allegheny County area. Remember, resources and telephone numbers can change.  
**Please see your social worker or call 2-1-1 for information and referral services: <http://www.211.org/>**

## For surrounding counties call:

Armstrong: 1-800-424-5235  
Beaver: 1-800-653-3129  
Butler: 724-284-5114  
Crawford: 1-800-527-7861  
Erie: 1-800-635-1014

Fayette: 724-439-7015  
Greene: 724-627-8171  
Indiana: 724-463-3235  
Lawrence: 1-800-847-4522

Mercer: 1-800-747-8405  
Mon Valley: 724-489-8090  
Washington: 1-800-835-9720  
Westmoreland: 1-800-905-5413

## PUBLIC ASSISTANCE

PA Department of Human Services (DHS), Medical Assistance (MA), and Food Stamps in Allegheny County: 1-877-395-8930 (state Customer service number), 1-800-692-7462 (PA helpline): <http://www.dhs.pa.gov/>  
Assess eligibility for Medical Assistance: [www.compass.state.pa.us:](http://www.compass.state.pa.us/)  
<http://allegheny.pa.networkofcare.org/mh/services/>

## HOUSING

Apply for low income housing in Allegheny County:  
<http://webapp.achsng.com/>  
Action Housing, Inc. — Range of housing programs/support services:  
412-281-2102, Homeless Families Service Program:  
412-824-2444 — [www.actionhousing.org](http://www.actionhousing.org)  
Allegheny County Housing Authority: 412-355-8940 — [www.achsng.com](http://www.achsng.com)  
Allegheny County Bureau of Hunger & Housing Services: 412-350-3837 —  
[www.alleghenycounty.us/dhs/housing](http://www.alleghenycounty.us/dhs/housing)  
AHRCo — Allegheny Housing Rehabilitation Corp. offers subsidized & non- subsidized housing in certain neighborhoods of the county:  
412-687-6200 — [www.ahrco.com](http://www.ahrco.com)  
Housing Authority, City of Pgh. — subsidized housing: 412-456-5000 —  
[www.hacp.org](http://www.hacp.org)  
Urban League of Greater Pittsburgh, Inc. — Housing Counseling Services:  
412-227-4802 — <http://ulpgh.org>  
HUD Transitional Housing — housing & case management for homeless:  
412-644-6428  
Fair Housing Partnership of Greater Pgh. — includes information & referral hotline for housing problems: 412-391-2535 —  
[www.pittsburghfairhousing.org](http://www.pittsburghfairhousing.org)

## DHS Homeless Coordinated Intake (Link): 1-866-730-2368

Genesis — residential program for pregnant women: 412-766-2693  
[www.genesispgph.org](http://www.genesispgph.org)  
Sisters Place — housing for homeless women & their children:  
412-233-3903 — [www.sistersplace.org](http://www.sistersplace.org) (call DHS Link to get on list)  
Benedictine Place (HEARTH) — bridge housing for women & children:  
412-366-9801 ext 21 — [www.hearth-bp.org/benedict.htm](http://www.hearth-bp.org/benedict.htm)  
Ronald McDonald House — housing for family members of children in hospital: 412-362-3400 — [www.rmhcpgph.org](http://www.rmhcpgph.org)  
Family House — housing for family members of patients in hospital:  
412-647-7777 — [www.familyhouse.org](http://www.familyhouse.org)

## EMERGENCY SHELTERS

Alle-Kiski HOPE Center: 30-day emergency shelter for women and children  
888-299-4673-[www.akhopecenter.org](http://www.akhopecenter.org)  
Salvation Army Family Caring Center — single women, women & men w/  
children, youths 18-21: 412-362-0891 — [www.salvationarmy.org](http://www.salvationarmy.org)  
Bethlehem Haven- single women: 412-391-1348 —  
[www.bethlehemhaven.org](http://www.bethlehemhaven.org)

## EMERGENCY SERVICES HOTLINES

Allegheny County 24-hour crisis line: 412-820-4357 —  
[www.peer-support.org](http://www.peer-support.org)  
Re:Solve Crisis Network: 1-888-796-8226 — [www.upmc.com/resolvecrisis](http://www.upmc.com/resolvecrisis)

## TRANSPORTATION

Medical Assistance Transportation Program — 1-888-547-6287  
(Allegheny Co.) — [www.matp.pa.gov](http://www.matp.pa.gov)  
Access — 412-562-5353 — [www.myaccessride.com](http://www.myaccessride.com)  
Mobile Moms — see traveler's aid in OPC registration booth #4  
Trips for Tots — Transportation for pediatric appointments 412-281-5474  
Cabs: [www.pghtrans.com](http://www.pghtrans.com)  
Z-Trip 412-321-8100  
Peoples Cab 412-231-1502

## FOOD

Hunger Services Network —  
Food for Early Development (FED) — 412-325-0749  
Emergency Food Assistance (EFA) — 412-325-0749  
Intersection — on-site lunch program for homeless, food pantry, health clinic, etc. McKeesport residents only: 412-678-6948  
Just Harvest: (412) 431-8963 — [www.justharvest.org](http://www.justharvest.org)  
**WIC Program (Allegheny Co.): 412-350-5801**

## COUNSELING & FAMILY SERVICES

**You may need to have approval from your health plan for services that require payment**  
Allegheny Health Network Women's Behavioral Health: 412-578-4030  
Catholic Charities: 412-456-6999 — [www.ccpgh.org](http://www.ccpgh.org)  
Family Services of Western PA — family, individual, and child/parent counseling toll-free: 1-888-222-4200 - [www.fswp.org](http://www.fswp.org)  
Jewish Family Services: 412-422-7200 — [www.jfcspgph.org](http://www.jfcspgph.org)  
Allegheny Co. Dept. of Human Services, Office of Behavioral Health:  
412-350-4456 (24 hr services) — [www.alleghenycounty.us/dhs/](http://www.alleghenycounty.us/dhs/)  
Family Links: 1-866-583-6003 — [www.familylinks.org](http://www.familylinks.org)  
Families Outside — for relatives and friends of those incarcerated:  
412-661-1670: Ext 628 for information; Ext 608 for counseling—  
<http://fswp.org/services/trips-state-correctional-facilities>  
Family Resources of Pennsylvania — family, individual counseling, & parenting support: 412-363-1702 — [www.familyresourcesofpa.org](http://www.familyresourcesofpa.org)  
Magee Behavioral Health: 412-624-2000, option 3 to schedule appt.

Mercy Behavioral Health: 1-877-637-2924  
(intake to direct call, answers 24/7) — [www.mercybehavioral.org](http://www.mercybehavioral.org)  
Milestone Mental Health: 412-243-3400 — [www.milestonepa.org](http://www.milestonepa.org)  
Mon-Yough Community Services — MH/MR and substance abuse services  
412-675-6927(answers 24/7) — [www.mycs.org](http://www.mycs.org)  
Resolve Crisis Network: 1-888-796-8226 (1-888-7-YOU-CAN) — 24/7 —  
[www.upmc.com/resolvecrisis](http://www.upmc.com/resolvecrisis)  
Turtle Creek Valley Community Services: 412-351-0222  
Wesley Family Services: 724-335-9883 (daytime crisis line)

## POSTPARTUM DEPRESSION

Magee Behavioral Health: 412-624-2000  
Postpartum Support International: Information & Support  
1-800-944-4773 — [www.postpartum.net](http://www.postpartum.net)  
Allegheny County Warmline: 412-820-4357  
Children & Family Counseling Center: 1-877-933-3910 —  
[www.chp.edu/CHP/counseling](http://www.chp.edu/CHP/counseling)  
Duquesne University Psychology Clinic- Sliding scale fee; free to military families 412-396-6562 — [www.duq.edu/psychology-clinic](http://www.duq.edu/psychology-clinic)  
**Support Groups or Self-help group information** —  
call the United Way Helpline in your area

## SOCIAL WORK/SUPPORT SERVICES

For information about social work services at Magee-Womens Hospital Outpatient Clinic and Neighborhood Health Centers, call (412) 641-4255.

## EDUCATION & JOB TRAINING

Allegheny Intermediate Unit (AIU): 412-394-4594  
CONNECT Early Intervention Helpline: 1-800-692-7288  
Careerlink Pittsburgh: 1-866-317-5627 — [www.careerlinkpittsburgh.com](http://www.careerlinkpittsburgh.com)  
JobCorps: 800-733-5627 — [pittsburgh.jobcorps.gov](http://pittsburgh.jobcorps.gov)  
Literacy Pittsburgh: 412-393-7600 — [www.literacypittsburgh.org](http://www.literacypittsburgh.org)

## LEGAL SERVICES

YWCA of Greater Pgh. Legal Resources for Women: 412-391-5100 —  
[www.ywcapgh.org](http://www.ywcapgh.org)  
Mediation Council of Western PA — provides information on separation, divorce and custody issues: 412-238-7426 —  
[www.mediationcouncilpa.org](http://www.mediationcouncilpa.org)  
KIDS VOICE: 412-391-3100 — [www.kidsvoice.org](http://www.kidsvoice.org)  
Legal Advocacy Office of the Women's Center and Shelter of Greater Pittsburgh: 412-355-7400 — [www.wcpittsburgh.org/](http://www.wcpittsburgh.org/)  
Center for Victims Mediation Services: offers mediation — 412-482-3240 —  
[www.centerforvictims.org/training/](http://www.centerforvictims.org/training/)  
Neighborhood Legal Service Association (NLS) — for legal questions by appointment: 412-255-6700 — [www.nlsa.us](http://www.nlsa.us) (Additional resources on website for Beaver, Butler, and Lawrence County)

## SUBSTANCE ABUSE INFORMATION

**You may need to have approval from your health plan for services that require payment.**  
PAC (Perinatal Addiction Center): 412-605-1593  
Alcoholics Anonymous Helpline: 412-471-7472 — [www.pghaa.org](http://www.pghaa.org)  
Narcotics Anonymous Helpline: 412-391-5247  
Community Care Behavioral Health — a resource to find outpatient and inpatient drug and alcohol facilities: 1-800-553-7499 — [www.ccbh.com](http://www.ccbh.com)  
Al-Anon and Al-Ateen Groups — for families, friends and teens of alcoholics: 800-628-8920 — [www.al-anon.alateen.org/al-anon-in-pennsylvania](http://www.al-anon.alateen.org/al-anon-in-pennsylvania)  
Alternatives Program — drug and alcohol intensive outpatient treatment:  
412-351-0222 — [www.tcv.net/adult-drug-and-alcohol-services/](http://www.tcv.net/adult-drug-and-alcohol-services/)  
P.O.W.E.R. Connection: 412-243-7535 — [power-recovery.com](http://power-recovery.com)  
Sojourners House — pregnant women and women with children:  
412-441-7783 — [www.sojournerhousepa.org](http://www.sojournerhousepa.org)

## SMOKING CESSATION

Allegheny County Health Department: 412-247-7950  
1-800-QUIT-NOW / 1-800-784-8669 — [www.smokingstopshere.com](http://www.smokingstopshere.com)  
Tobacco Free Adagio Health Pennsylvania (1-800-215-7494)  
[tobaccofree.adagiohealth.org](http://tobaccofree.adagiohealth.org)

## SEXUAL ASSAULT COUNSELING

Pittsburgh Action Against Rape: 1-866-363-7273 (hotline) — [www.paar.net](http://www.paar.net)  
Center for Victims of Violent Crime: 1-866-644-2882 (hotline) —  
[www.centerforvictims.org](http://www.centerforvictims.org)  
National Organization for Victim Assistance: 1-800-879-6682 —  
[www.trynova.org](http://www.trynova.org) — online chat and national hotlines

## DOMESTIC VIOLENCE

Women's Center and Shelter — shelter, counseling, legal advocacy,  
24-hour hotline: 412-687-8005 — [www.wcpittsburgh.org](http://www.wcpittsburgh.org)  
Text support 9 am – 9 pm: 412-744-8445  
Womanspace East, Inc. — shelter, counseling, legal advocacy  
24-hour hotline: 412-765-2661 — [www.wseinc.org](http://www.wseinc.org) (call DHS Link)  
Domestic Violence Hotline: 1-800-799-7233 (SAFE) —  
<http://www.thehotline.org> or call your unit Social Worker for assistance.  
Crisis Center North: 1-866-782-0911(hotline) — 412-444-7660 Text (SMS)  
— [www.crisiscenternorth.org](http://www.crisiscenternorth.org) (not a shelter)  
Alle-Kiski Area HOPE Center: 888-299-4673 — [www.akhopecenter.org](http://www.akhopecenter.org)

## PRENATAL CLASSES

BE SURE TO ENROLL IN CLASSES EARLY, AS SPACE IS LIMITED

Magee-Womens Hospital — prenatal and or Lamaze classes:  
412-641-8096 ext. 2

Adagio Health: 412-288-2130 — [www.adagiohealth.org](http://www.adagiohealth.org)

Shining Light Prenatal Education: 412-915-6167  
<http://shininglightprenatal.com/>

UPMC Classes: 412-802-8299 — [upmc.asapconnected.com](http://upmc.asapconnected.com)

Magee-Womens Hospital — childbirth classes for teens:  
412-641-8096

UPMC McKeesport, Latterman Family Health Center: 412-673-5504

## BREASTFEEDING HELP

Allegheny County Breastfeeding Helpline: 412-247-7950

Magee-Womens Hospital — class in prenatal preparation for  
breastfeeding: (412) 641-8096

Magee-Womens Hospital Lactation Center: 412-641-1121

WIC Program - lactation specialist available to WIC participants:  
412-350-5801

Breastfeeding Helpline of Allegheny County Health Department:  
412-687-2243

The Breastfeeding Center of Pittsburgh: 412-246-4726 —  
[breastfeedingcenterofpittsburgh.com/](http://breastfeedingcenterofpittsburgh.com/)

Healthy Start: 412-247-1000 — [www.healthystartpittsburgh.org](http://www.healthystartpittsburgh.org)

LaLeche League — support for breastfeeding moms: 412-256-8840 —  
[www.lllofwp.org](http://www.lllofwp.org)

## PARENTING CLASSES & SUPPORT

The Alliance for Infants & Toddlers, Inc. — developmental screening/  
assessment: 412-885-6000 — [www.afit.org](http://www.afit.org)

Arsenal Family and Children's Center: [www.arsenalfamily.org](http://www.arsenalfamily.org)  
Pittsburgh: 412-345-0008

Birth Right of Pittsburgh: 1- 800-550-4900 (24/7 help line) —  
[www.birthrightpittsburgh.org](http://www.birthrightpittsburgh.org)

Center for Family Excellence (Bedford Dwellings): 412-232-0322

Family Resources: 412-363-1702 — [www.familyresourcesofpa.org](http://www.familyresourcesofpa.org)

Family Line — Family Links: 412-343-7166 — [www.familylinks.org](http://www.familylinks.org)

Fatherhood Engagement: 412-241-6047

First Steps:

South Side/West End: 412-363-1702

Healthy Start — 412-247-1000 — [www.healthystartpittsburgh.org](http://www.healthystartpittsburgh.org)

Healthy Start Fatherhood: 412-247-4009 — [www.healthystartpittsburgh.org](http://www.healthystartpittsburgh.org)

Mothers of Multiples — [www.npmoms.org](http://www.npmoms.org)

Nurse Family Partnership: 412-247-7806 —

[www.nursefamilypartnership.org](http://www.nursefamilypartnership.org)

Parents without Partners: 1-800-637-7974 —

[www.parentswithoutpartners.org](http://www.parentswithoutpartners.org)

## FAMILY SUPPORT CENTERS

Family Care Connection Centers:

[www.chp.edu/CHP/Family+Care+Connection+Centers](http://www.chp.edu/CHP/Family+Care+Connection+Centers)

Braddock: 412-273-4610

Lawrenceville: 412-784-8683

Mt. Oliver: 412-432-1635 (Hilltop Family Care Connection)

Penn Hills: 412-894-9222

Rankin: 412-271-3408

Turtle Creek: 412-823-2060

Family Support Services/Urban League of Greater Pittsburgh:

[www.ulpgh.org](http://www.ulpgh.org)

Main number: 412-227-4802

Northview Heights Family Support Center: 412-323-1020

Duquesne Family Support Center: 412-469-9870

Family Support Centers / Allegheny Intermediate Unit: [www.aiu3.net](http://www.aiu3.net)

Carnegie Family Center, 412-275-3395

Clairton Family Center, 412-233-8325

Duquesne Family Center, 412-745-2481 x251

East Allegheny Family Center, 412-829-6171

Highlands Family Center, 724-224-9006

Family and Immigrant Connections, 412-325-8111

Lincoln Park Family Center and After-School Program, 412-661-1057

McKeesport Family Center and 7th Ward, 412-672-6972

Steel Valley Family Center, 412-461-8019

Sto-Rox Family Center, 412-771-6817

Wilksburg Family Center, 412-371-5934

Family Center Fatherhood Initiative: 412-394-5955 — [www.fatherhood.org](http://www.fatherhood.org)

Clairton Family Center: 412-233-8325

Lincoln Park Family Center: 412-661-1057

Sto-Rox Family Center: 412-771-6817

John Heinz Family Center: 412-261-0373

Jubilee Soup Kitchen: 412-261-5417 — <http://jubileesoupkitchen.org/>

North Hills Community Services: 412-487-6316 — [www.nhco.org](http://www.nhco.org)

Providence Family Support Center: 412-766-6730 —

[www.providenceconnections.com](http://www.providenceconnections.com)

YWCA Greater Pittsburgh: 412-391-5100 — [www.ywcapgh.org](http://www.ywcapgh.org)

Neighborhood Based Services / WIN: 412-325-6748

## DAYCARE INFORMATION

Angel's Place — provides free daycare to single women who are full-time  
students — [www.angelsplacepgh.org](http://www.angelsplacepgh.org)

North Side: 412-321-4447; Swissvale: 412-271-2229

Early Learning Resource Center: 1-888-340-3572

Jeremiahs Place: 412-924-0726 — [www.jeremiahsplace.org](http://www.jeremiahsplace.org)

If you receive Public Assistance, contact your DPW caseworker to  
determine if you are eligible for childcare subsidies.

## INFANT/MATERNITY CLOTHING/SUPPORT

Bethany Christian Services: [www.bethany.org](http://www.bethany.org)

1-800-238-4269 or 724-940-2900

Women's Choice Network — support services:

[www.mypregnancycenter.org](http://www.mypregnancycenter.org)

Monroeville: 412-373-2775

Northside: 412-709-6192

Oakland: 412-687-7767

Wexford: 724-935-6411

Genesis Center — furniture, clothing, etc.: 412-766-4934 —

[www.genesispgh.org](http://www.genesispgh.org)

Life Line of South West Pennsylvania: 412-562-0543 —

[www.lifelineofsouthwestpa.org](http://www.lifelineofsouthwestpa.org)

Maya Organization: 412-945-7670 — <http://mayaorganization.org/>

Cribs for Kids — See your unit social worker: [www.cribsforkids.org](http://www.cribsforkids.org)

South Hills Interfaith Ministries: South Hills residents only:

412-854-9120 — [www.shimcares.org](http://www.shimcares.org)

Welcome Little Ones — Provides free diapers: 412-391-6862

Western PA Diaper Bank — Provides diapers once baby is born, every  
second Tuesday of the month, 1 – 4 pm — 412-251-0026

Zoe's New Beginnings — Provides baskets for parents of preemies to  
make the transition from hospital to home:

[director@zoesnewbeginnings.com](mailto:director@zoesnewbeginnings.com)

## INFANT CARSEATS

Arrangements must be made before delivery/discharge.

Magee-Womens Hospital does not rent or provide car seats. Please  
call numbers listed below.

PA Traffic Injury Prevention Project — referral for loaner programs &  
consumer information: 1-800-CAR-BELT (1-800-227-2358) —

[www.pakidstravelsafe.org](http://www.pakidstravelsafe.org)

PA Techs — [patechs.com/](http://patechs.com/)

Pittsburgh Emergency Medical Services Car Seat Check —  
[pittsburghpa.gov/ems/car-seat-safety](http://pittsburghpa.gov/ems/car-seat-safety)

Traveler's Aid Society — rental program only (Pgh. International Airport):  
412-281-5474 — [www.travelersaidpgh.org](http://www.travelersaidpgh.org)

## FINANCIAL

Allegheny Co. Assistance Office, LIHEAP Program — assistance with  
utility bills: 412-562-0330

Consumer Credit Counseling Service — assistance with money  
management/use of credit: 1-888-431-8157 — [www.credit.org/cccs](http://www.credit.org/cccs)

Individual utility companies may have customer assistance funds.  
Check with your company.

Public Utility Commission (PUC) — utility payment arrangements:  
1-800-692-7380 — [www.puc.state.pa.us](http://www.puc.state.pa.us)

## CHILD WELFARE

ChildLine — accepts reports of child abuse: 1-800-932-0313 —

[www.compass.state.pa.us/cwis/public/home](http://www.compass.state.pa.us/cwis/public/home)

Children, Youth & Families (CYF) Allegheny Co. — accepts reports of child  
abuse/neglect: 412-473-2000 — [www.alleghenycounty.us/dhs/cyf.aspx](http://www.alleghenycounty.us/dhs/cyf.aspx)

Parents Anonymous — support for parents who are abusive (physically,  
sexually, emotionally) or who are fearful of becoming abusive:

1-855-427-2736 — [www.parentsanonymous.org](http://www.parentsanonymous.org)

## ADOPTION

See your unit social worker for information and referral to agencies  
providing these services.

## CUSTODY/SUPPORT CONCERNS

Child Support Enforcement: 1-800-932-0211

Allegheny County Family Court Division: 412-350-5600 —

[www.alleghenycourts.us/family/default.aspx](http://www.alleghenycourts.us/family/default.aspx)

## INSURANCE INFORMATION

Blue Chip/The Caring Program for Children: 1-800-543-7105 —

[www.chipcoverspakids.com/](http://www.chipcoverspakids.com/)

CHIP Helpline: 1-800-986-KIDS

Pennsylvania Insurance Department: 1-877-881-6388 —

[www.insurance.pa.gov](http://www.insurance.pa.gov)

Assess eligibility for Medical Assistance: 800-692-7462 —

[www.compass.state.pa.us](http://www.compass.state.pa.us)

## IMMIGRANTS

AJAPO- Provide services for African and Caribbean immigrants:

(412) 391-4985 — [www.aiapopittsburgh.org](http://www.aiapopittsburgh.org)

Birmingham Free Clinic: 412-481-7900 x 281

Free Clinic at Braddock, Muslim Council of America: 412-723-2086

Immigration Services and Connections (ISAC): 412-742-4200

Jewish Family Center- Immigrant Department: 412-422-7200 —

[www.jfcsppgh.org](http://www.jfcsppgh.org)

Pittsburgh Refugee Center — 412-537-8398

Prospect Park Family Center — Prospect Park residents only:  
412-885-0284

South Hills Interfaith Movement — South Hills residents only:

412-854-9120 — [www.shimcares.org](http://www.shimcares.org)

Vibrant Pittsburgh — Welcome Center: 412-281-8600 —

[www.vibrantpittsburgh.org](http://www.vibrantpittsburgh.org)

## SPANISH RESOURCES

Latino Family Support Center: 412-325-8111

Latino Community Center: 412-335-7446

Casa San Jose: 412-343-3111 — <http://www.casasanjose.org/>

Spanish Support Center (Catholic Charities): 412-578-0402 —  
[www.catholiccharitiesdc.org](http://www.catholiccharitiesdc.org)

## GRIEF & LOSS

Compassionate Friends: 877-969-0010 — [www.compassionatefriends.org](http://www.compassionatefriends.org)

Emma's Footprints — pregnancy and infant loss support: 814-464-5989  
(helpline) — [emmasfootprints.com](http://emmasfootprints.com)

Pressing On: [www.pressingon.org](http://www.pressingon.org)

The Caring Place — grief support for children: [highmarkcaringplace.com/](http://highmarkcaringplace.com/)

Magee Pastoral Care: request to meet with Chaplain

## DOULAS

The Birth Circle: 412-441-3701 — email [thebirthcircledoulas@upmc.edu](mailto:thebirthcircledoulas@upmc.edu)

Maya Organization: 412-945-7670 — <http://mayaorganization.org/>

Oli's Angels: 412-616-9579