

Peoples Oakland has expanded our programs to provide mental health and community supports to individuals suffering from chronic, severe mental illness who are re-entering society after incarceration. The services offered at Peoples Oakland will help bridge the gap between mental health services and re-entry to achieve greater recovery, improved quality of life, and reduced likelihood of recidivism for re-entrants

## PEOPLES OAKLAND OFFERS AN ARRAY OF SERVICES AIMED AT HOLISTIC RECOVERY

Counseling & Therapeutic Support	Social & Recreation Services	Employment Services	Nutrition and Fitness Services	Resource Coordination
<ul style="list-style-type: none"> <li>◇ Individual &amp; Group Counseling</li> <li>◇ Daily Recovery Support Groups</li> <li>◇ Anger Management</li> <li>◇ Mental Illness &amp; Substance Abuse Group</li> </ul>	<ul style="list-style-type: none"> <li>◇ Breakfast Club</li> <li>◇ Board Games, Pool &amp; Ping Pong</li> <li>◇ Arts &amp; Crafts</li> <li>◇ Bingo</li> <li>◇ Community Outings</li> <li>◇ Drop in Center</li> </ul>	<ul style="list-style-type: none"> <li>◇ On The Job Training</li> <li>◇ Resume Development</li> <li>◇ Job Search &amp; Interview Assistance</li> <li>◇ Linkage To Benefits Counseling</li> </ul>	<ul style="list-style-type: none"> <li>◇ Daily Breakfast Club</li> <li>◇ Onsite Fitness Center</li> <li>◇ Sports Program</li> <li>◇ Programs Subject To Rotation Based On Member Requests</li> </ul>	<ul style="list-style-type: none"> <li>◇ Link to housing coordination</li> <li>◇ Obtain identification</li> <li>◇ Apply for SSI/SSDI</li> <li>◇ Apply for Healthcare</li> <li>◇ Provide bus fare and essentials kit</li> </ul>

### Who is Eligible?

- Individuals must be 18 years old or older,
- Reside in Allegheny county,
- Have been diagnosed with a severe and persistent mental illness

or

- Wish to engage in mental health treatment,
- Have been incarcerated within the last 6 months.

### How do I Become a Member?

We have open intake for anyone who has been incarcerated in the past 6 months.

Come to our facility!

**3433 Bates Street, Pittsburgh PA, 15213**

Ask to meet with our intake coordinator, Joel Heiney

Or call to schedule an intake appointment

**412 683 7140 x 249**

**All services are FREE No insurance required**

For more information visit [www.peoplesoakland.org](http://www.peoplesoakland.org) or

Email [allisonh@peoplesoakland.org](mailto:allisonh@peoplesoakland.org) or call 412 683 7140 x 259

